

1.4.3 Patient information leaflet (PIL)

EVA VIT 400**Vitamin E Capsules USP 400IU****What do I need to tell my doctor BEFORE I take Vitamin E Capsules and Tablets?**

- If you have an allergy to this medicine (vitamin E capsules and tablets) or any part of this medicine (vitamin E capsules and tablets).
- If you are allergic to any drugs like this one, any other drugs, foods, or other substances. Tell your doctor about the allergy and what signs you had, like rash; hives; itching; shortness of breath; wheezing; cough; swelling of face, lips, tongue, or throat; or any other signs.
- This medicine may interact with other drugs or health problems.
- Tell your doctor and pharmacist about all of your drugs (prescription or OTC, natural products, vitamins) and health problems. You must check to make sure that it is safe for you to take this medicine (vitamin E capsules and tablets) with all of your drugs and health problems. Don't start, stop, or change the dose of any drug without checking with your doctor.

What are some things I need to know or do while I take Vitamin E Capsules and Tablets?

- Tell all of your health care providers that you take this medicine (vitamin E capsules and tablets). This includes your doctors, nurses, pharmacists, and dentists.
- Tell your doctor if you are pregnant or plan on getting pregnant. You will need to talk about the benefits and risks of using this medicine (vitamin E capsules and tablets) while you are pregnant.
- Tell your doctor if you are breast-feeding. You will need to talk about any risks to your baby.

How is this medicine (Vitamin E Capsules and Tablets) best taken?

Use this medicine (vitamin E capsules and tablets) as ordered by your doctor. Read all information given to you. Follow all instructions closely.

- To gain the most benefit, do not miss doses.
- Keep taking this medicine (vitamin E capsules and tablets) as you have been told by your doctor or other health care provider, even if you feel well.

- Some drugs may need to be taken with food or on an empty stomach. For some drugs it does not matter. Check with your pharmacist about how to take this medicine (vitamin E capsules and tablets).

What do I do if I miss a dose?

- Take a missed dose as soon as you think about it.
- If it is close to the time for your next dose, skip the missed dose and go back to your normal time.
- Do not take 2 doses at the same time or extra doses

What are some side effects that I need to call my doctor about right away?

WARNING/CAUTION: Even though it may be rare, some people may have very bad and sometimes deadly side effects when taking a drug. Tell your doctor or get medical help right away if you have any of the following signs or symptoms that may be related to a very bad side effect:

- Signs of an allergic reaction, like rash; hives; itching; red, swollen, blistered, or peeling skin with or without fever; wheezing; tightness in the chest or throat; trouble breathing, swallowing, or talking; unusual hoarseness; or swelling of the mouth, face, lips, tongue, or throat.

What are some other side effects of Vitamin E Capsules and Tablets?

All drugs may cause side effects. However, many people have no side effects or only have minor side effects. Call your doctor or get medical help if you have any side effects that bother you or do not go away.

These are not all of the side effects that may occur. If you have questions about side effects, call your doctor. Call your doctor for medical advice about side effects.

If OVERDOSE is suspected:

If you think there has been an overdose, call your poison control center or get medical care right away. Be ready to tell or show what was taken, how much, and when it happened.

How do I store and/or throw out Vitamin E Capsules and Tablets?

- Store at room temperature.
- Store in a dry place. Do not store in a bathroom.
- Keep all drugs in a safe place. Keep all drugs out of the reach of children and pets.

- Throw away unused or expired drugs. Do not flush down a toilet or pour down a drain unless you are told to do so. Check with your pharmacist if you have questions about the best way to throw out drugs. There may be drug take-back programs in your area.

Consumer information use

- If your symptoms or health problems do not get better or if they become worse, call your doctor.
- Do not share your drugs with others and do not take anyone else's drugs.
- Keep a list of all your drugs (prescription, natural products, vitamins, OTC) with you. Give this list to your doctor.
- Talk with the doctor before starting any new drug, including prescription or OTC, natural products, or vitamins.
- Some drugs may have another patient information leaflet. Check with your pharmacist. If you have any questions about this medicine (vitamin E capsules and tablets), please talk with your doctor, nurse, pharmacist, or other health care provider.
- If you think there has been an overdose, call your poison control center or get medical care right away. Be ready to tell or show what was taken, how much, and when it happened.

Further information

The active ingredients in this medicine is Vitamin E.

The other ingredients are Refined Soya oil, Butylated Hydroxyanisole, Butylated Hydroxytoluene, Gelatin, Glycerol, Liquid Sorbitol, Methyl Hydroxybenzoate, Propyl Hydroxybenzoate, Quinoline yellow WS, Brilliant blue FCF and Purified water.

Pharmaceutical Form:

Green coloured oblong shaped transparent soft gelatin capsules containing pale yellow viscous oily liquid.

Packing available

Available in 3x10's blister pack.

Manufactured in India by:**Softgel Healthcare Pvt. Ltd.**

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Pudupakkam Village, Kancheepuram District,

Tamilnadu – 603 103. India.